



the ORLA newsletter.

SEPTEMBER 2021

HELLO FALL, GOODBYE FINES.



ORLA Libraries are Fine Free
as of September 1st

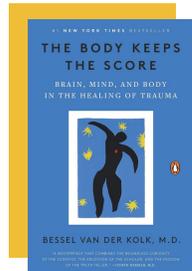


NWPA Innovation Beehive Network
Coming to ORLA Locations



Franklin Public Library to Hold
Quilt-a-Thon





THE BODY KEEPS THE SCORE

BESSEL VAN DER KOLK, M.D.

"A deep dive into trauma and how it affects both the mind and the body. Bessel has been working as a psychologist for 40 years with a focus on people that have gone through extreme events like rape, war, severe medical emergencies and abuse. Most of the book is about the physical and psychological ways that trauma and PTSD affect people, with the last quarter of the book talking about different ways to live with and help cure these effects. This book was a bit difficult to get through because Bessel uses many examples and case studies to back up his views and they can be rough to read. He is a good writer though, and lays out his ideas and explanations clearly and in an easy-to-understand way. The treatments at the end of the book threw me off a little bit, as they are bizarre, out of context, and somewhat within context as well. Bessel, in general, is against the use of drugs for treatment because he thinks they fix the symptoms of trauma instead of going at the root cause of it. He recommends things like yoga and theater classes to get more in touch with your physical body in the moment instead of constantly reliving the past. Some of the other treatments he talks about, like EMDR therapy (Eye Movement Desensitization and Reprocessing, where they put you in a dream state so that you can re-live a memory from a safe viewpoint) and IFS (Internal Family Systems, where you divide your personality up into different parts to find the root cause of your problems) honestly sound insane. Still, it was nice to see a psychiatrist that is open to trying different treatments instead of just prescribing drugs and calling it a day. I enjoyed this book even if it was hard to get through sometimes. I recommend it to anyone interested in psychology or looking for a different view on treatment for trauma or PTSD." -- *Amanda Barker, Cooperstown Public Library*

STAFF PICKS

MRS. EVERYTHING

JENNIFER WEINER



"'We lose ourselves,' she repeated, forming each word with care, 'but we find our way back.' In this realistic fiction written by Jennifer Weiner, you'll find yourself in deep retrospection of your life, asking the hard questions of "Am I living up to my own expectations?" or "Am I truly happy?". This novel takes us through the lives of Jo and Bethie Kaufman, two girls born in the 50's wanting more from life than what that era wanted to give them. It was an emotional rollercoaster. I loved the depiction of women's rights throughout the years and the stark realization it shows of how far we have come. The discussion of which is worse, having dark skin or being part of a religion different from the masses. The "unnatural" reputations of those in that time frame brave enough to love someone of the same sex or a different skin color. All of these freedoms that most of us now take for granted were someone else's struggles, or in some cases still are. Jo and Bethie both faced irrevocable moments that changed them significantly, taking them down a path much different than the ones they had originally wanted. And although we live their pain with them from page to page, we also get to experience their triumph in the pages where everything finally comes together. This book was a genuinely touching read." -- *Daidre Green, Oil City Library*



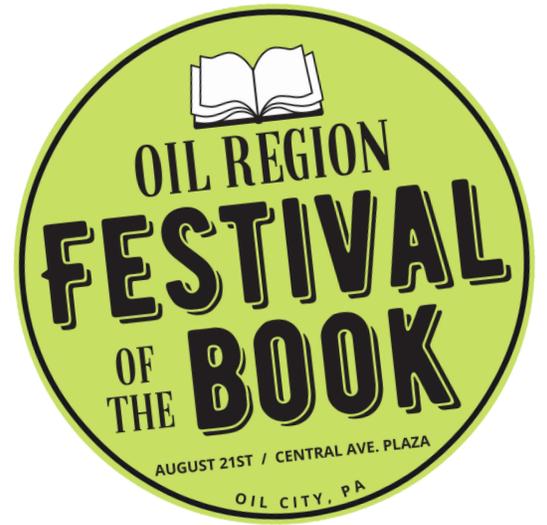
THE LAST FALLEN STAR

GRACI KIM

"Move over, Harry Potter - meet Riley Oh, who knows magic is real. She knows all the words to the healing spells of her family's clan, the Gom, but there's just one problem - she is saram, or nonmagical, because she is adopted. The magical clans will not allow her to have an initiation ceremony when she turns 13, but her sister Hattie's initiation is in just 2 days, turning Hattie into a full member of the Gom clan & able to use magic independently. The sisters find a spell that will allow Hattie to share her magic with Riley, but when it goes terribly wrong, Hattie is put in danger & Riley must make things right. To do that, she needs to find the last fallen star in the Godrealm, but what the heck is that, & how is she supposed to find it? The world building is amazing - magical clans with different specialties, an exiled clan, prophecies, goddesses, bird women, creatures who eat nightmares & much more. I was thoroughly invested in Riley's quest & she is an easy protagonist to root for. The story draws on Korean mythology & what it means to be family and community. Set up to be a series, this is for fans of magic & fantasy. I'm looking forward to the next book, slated for 2022!" -- *Annie Welsh, Oil Region Library Association*

First Oil Region Festival of the Book Had Good Response

The very first Oil Region Festival of the Book was well-enjoyed by local & regional authors, local organizations & community members on Saturday, August 21st in the Central Ave. Plaza in Oil City. The event not only celebrated authors in the Oil Region, but also featured guest speakers, including Charlie Cotherman, Corey McCullough, former Oil City mayors Barb Crudo & Howard Gierling, & current mayor Bill Moon. Local organizations provided food, children's activities & free books to children. Library Card Sign-Ups were provided, as well as book raffles & a book sale in the library's basement. Live music was provided by Wild Will Ion & Preston Yoder. Local & regional authors included Charlie Cotherman, Corey McCullough, Gina Burris, Pam Selker Rak, Brad Lena, Laura Reasoner Jones, Ellaura Shoop, J. V. Miller, Diane Scott Lewis, LaTrobe Barnitz, Ryan Beichner & Robert Allen Pringle. Local organizations contributing to the event included the Belles Lettres Club of Oil City, Oil City Vineyard Church, Youth Alternatives, Community Services & Early Head Start, United Way of Venango County, the Heritage Society of Oil City, the Friends of the Oil City Library & the City of Oil City. Thank you to all who helped out at the event & to all who came out for a great time! We'll see you next year!



HELLO FALL, GOODBYE FINES.



Oil Region Libraries are going Fine-Free!

WAIT, REALLY? WHY?

Studies show that overdue fines actually discourage people from using their libraries. Fines can create a barrier to important services for the users who need them most. Many libraries that have gone fine-free have seen both a boost in library utilization & shorter wait times for library materials.

DO I STILL HAVE TO PAY MY EXISTING FINES?

Nope! We're wiping out overdue fines for all library users effective immediately. If you currently have library materials that are long overdue, returning them to the library will not result in overdue fines being charged. This includes those Disney movies you forgot to bring back last year and the James Patterson book that you JUST found behind your couch! We'll welcome any items back, no matter how long they've been overdue. Fines that are currently on your account from past overdue items will be immediately forgiven.

WON'T THE LIBRARY LOSE MONEY?

Though going fine-free will result in a loss of funds for the Oil Region Libraries, the outcome of being able to provide access to more library users is well worth it! Instead of collecting a small sum each year in fines, we'll get to do more of what we love most: providing library services to all and promoting literacy in our communities!

INTRODUCING . . .



NWPA
INNOVATION
BEEHIVE
NETWORK

ERIE COUNTY
PUBLIC LIBRARY
EDINBORO
GANNON
MERCYHURST
PENN STATE
BEHREND

WHAT IS THE HIVE?

The NWPA Innovation Beehive Network provides free resources to entrepreneurs and small businesses within the 17 counties of the Appalachian Region. Since its inception in 2014, the Northwest Pennsylvania Innovation Beehive Network has worked to enhance business expansion and development in the Erie Area. The Beehive is made up of 5 grant-funded centers that collaborate to encourage business growth. The centers work together to form the Beehive Network, while each location operates in its own specialized area of expertise.

COMING TO A LIBRARY NEAR YOU

Have you thought about taking an idea and turning it into a business? Have you recently started a business? Need a little help taking the next steps? The beehive offers assistance in all areas of business development! The students of the Innovation Entente Lab (IEL) will be in to talk to you about your idea and explain how the Beehive can help!

9/30 & 10/28 AT OIL CITY LIBRARY 12-2PM

10/14 & 11/11 AT FRANKLIN LIBRARY 12-2PM

LEARN MORE AT

WWW.NWPABEEHIVE.COM

Cooperstown Library Seeking Advisory Board Members

Do you like planning fundraisers & helping to make important decisions? The Cooperstown Public Library is seeking to recruit members for its Advisory Board to do just that! If you're interested in joining the Advisory Board, please contact the Amanda Barker, Branch Manager, by calling (814) 374-4605 or emailing cplbranchmanager@oilregionlibraries.org.



Back-to-School Basket Raffle at Cooperstown Library

The Cooperstown Public Library is selling tickets for a Back-to-School raffle basket. The raffle runs August 9th to September 7th. Tickets are \$1 or 6 for \$5. The prize includes the basket of goodies and a \$25 gift card to Dollar General. Proceeds will benefit the Cooperstown Public Library. Get your tickets today!

Free Drake Well Museum Passes Available Soon at ORLA Locations

Soon, you'll be able to visit Drake Well Museum & Park with your family completely free of charge by checking out a Drake Well Family Pass from your local library using your library card! Drake Well Museum & Park, located in Titusville, houses the site where Col. Edwin Drake first struck oil in 1859. Check with your local ORLA branch for availability.



VOLUNTEERS NEEDED

The Used-Book Sale Room in the basement of the Oil City Library is finally open now on Saturdays from 9AM-12PM. The Friends of the Oil City Library are seeking volunteers to come in once or twice per month to help staff the room on Saturdays. If you're interested in volunteering, please contact the Oil City Library at (814) 678-3072.

Oil Valley Film Festival Returning This Month

Join us September 10th at the Oil City Library for the annual Oil Valley Film Festival! This annual event aims to bring the voices and films of new and established filmmakers to the heart of Venango County, an area underrepresented in the world of film. The in-person event is free to attend, but you can also purchase an online pass at <https://oilvalleyfilmfestival.festivee.com/>. The organizer is requiring proof of vaccination & masks worn at the in-person event.



Franklin Public Library to Hold Quilt-a-Thon

Join us at the Franklin Public Library for a Quilt-a-Thon this month! Volunteer Quilters will be stitching together two unique quilts in interactive demonstrations on Friday, September 10th & Saturday, September 11th from 10am-4pm each day. Quilts and related items by various local groups & individuals will also be on display or available for purchase.

Everyone can participate in some way; quilters of all ages & abilities, sponsors to encourage and be supportive of the library, all to enjoy the displays during the weekend. The finished quilts will be awarded by drawing on October 4th. Sponsorships for the quilters are \$5 each or \$20 for 5, available now until the drawing.

Winners will be announced at the Franklin Public Library and in the newspapers-- you need not be present to win. Sponsorships and donations will help the library purchase a Craft Cart to be available for all to explore their artistic talents. Volunteer Quilters may pick up sponsor sheets and instructions at the library-- experience is not required.



Quilters participating in the annual Quilt-a-Thon at the Franklin Library, 2017.

Upcoming Workshops



STEPS TO A SUCCESSFUL INTERVIEW
OIL CITY LIBRARY
10AM - 11AM
FREE

Walk through the 4 steps of completing a successful interview: Preparation, Practice, Presentation, Post-interview. Review ways to practice and prepare for an interview, polish the way you will present yourself, and perfect your post-interview follow-up. You can register by calling (814) 678-3072 or visiting the Oil City Library, or just show up the day of the workshop!



MEDICARE & YOU
FRANKLIN PUBLIC LIBRARY
10:30AM - 12PM
FREE

Join us for a free presentation by a PA-Medi Representative to review the purpose, structure, and coverage of Medicare. One-on-one counseling is also available for affordable, quality health care for seniors & families with aging & non-clinical issues in the the home.

FEATURED DIGITAL RESOURCES

Available at www.oilregionlibraries.org

Family Movie Night with **kanopy**



Stream these & more for free with your library card.



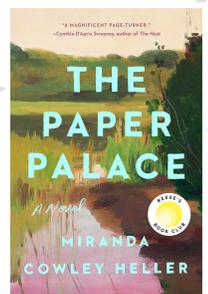
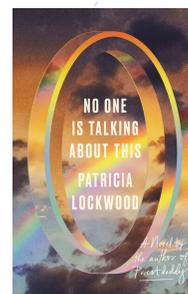
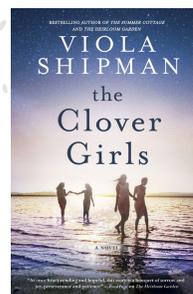
FREE COURSES? OF COURSE!

Gale Courses offers a wide range of highly interactive, instructor led courses that you can take entirely online. As a library card holder in good standing, you are entitled to these courses at no cost. Courses run for 6 weeks and new sessions begin every month.



It's All Relative

a collection of family sagas
on OverDrive & Libby



Read & listen for free with your library card.



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Oil City, PA 16301
(814) 678-3072



421 12th St.
Franklin, PA 16323
(814) 432-5062



182 N. Main St.
Cooperstown, PA 16317
(814) 374-4605

